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Kensington Junior Netball News

Autumn/Spring Season 2023 – July

Kensington Junior Netball Club www.kfjsc.com.au/netball Kensington Flemington Junior Sports Club Inc ABN 77 195 317 280 • Inc Assoc A0026770F

Premiership Thrills

Last week, three teams joined the illustrious ranks of KJNC premiers:

- Kites (17&U/5)
- Kookaburras (15&U/1)
- Kingfishers (15&U/3)

This makes it a bit of a gold rush since last season the Crocodiles and Canaries became the first KJNC

premiers since the club was founded in 2013.

Winning a premiership at any level requires coolness under pressure, dedication, and hard work, so we're very proud of these teams – as well as all those Kensington teams who gave it everything in the Autumn season!

And a special shout-out to the Cockatoos, who

reached the 13&U/9 Grand Final and delivered a heroic effort.









Registrations



By now all continuing players should have re-registered for Spring Season, to ensure their place on a team!

If you haven't, register via your NetballConnect app ("More" \rightarrow "Register"). Further details are available in our <u>Registrations FAQ</u>. Please e-mail <u>kjnc.registrar@gmail.com</u> for assistance.

Spring Season Teams, Dates & Divisions

The Spring Season will begin at the start of Term 3, with netball training in the week of July 10, and most teams playing their first game on Saturday July 15.

Official fixtures are expected to be released by Parkville in the near future, and some time after that, we'll send all families a summary of Key Dates for the season.

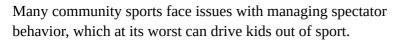
The club tries to minimise changes to team player lists at mid-season. Most teams will remain essentially unchanged, except where adjustments are required due to players leaving, new players needing to be added, or changes in circumstances or player/staff availability.

For teams playing in graded divisions, exactly where they wind up next season is ultimately determined by Parkville, who do their best to create competitive groupings based on results and finishing positions from the season just concluded.

A special welcome to our new Set team, the Kensington Corgis, who graduate from the Development Squad to real matches in Spring season!

Spectator Conduct

We're very proud of the way our club's families supported their team this season – thank you! It's noticed by officials and other clubs, and creates a positive feedback loop for both players and volunteers.





This 2-minute video is worth a look:



From: https://gippsport.com.au/letusplay

I am your umpire today...

I am a school student not an adult I am learning There will be decisions I get wrong Some decisions will go against your team-it's not a conspiracy I am a netball player trying to give back to younger players I love this game and I want to develop your daughter/son's love of the game I can hear your negative comments Please support my decisions I am doing my best, improving with every game Thank you



Keeping Girls in Sport

Suncorp's Youth and Confidence Report in 2019 reported that

almost half of Australian teenage girls drop out of sport aged 15-17.

Team sport has repeatedly been shown to help kids with confidence, stress management, social interaction, and even academic performance.

Read the <u>Game On! Guide</u> for a dive into the issues of keeping girls active in team sport. Take a look at this research that came from the Atlassian: "The imagination gap report 2018" (in partnership with the AFL).

- Women who played team sport as children say it helped them develop skills like collaboration and teamwork (88%), communication and social skills (83%), flexibility and adaptability (82%), confidence, and resilience (80%)
- 75% of women say team sports improved their ability to give and receive feedback, while 67% credit it with the development of leadership skills
- The research shows those who play team sport are significantly more likely to reach managerial and other roles of responsibility. Continuing to play into adulthood increases this likelihood



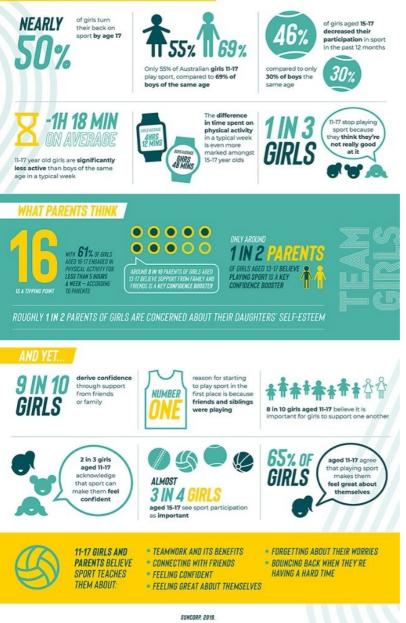


SUNCORP O TEAM GIRLS LET'S CHANGE THE SCORE

INCORP AUSTRALIAN YOUTH AND CONFIDENCE RESEARCH APRIL 2019



THE DIFFERENCE BETWEEN GIRLS & BOYS



If your child, or anyone you know is having issues with self-esteem, confidence or mental or physical health, please contact Lifeline on 13 11 4 or Kids Helpine on 180:0551800. This content includes the views and opinions of a third-party and does not necessary infers the views of Surroorp. Information is intended to be of a general nature only and any advise has been prepared without taking into account any persors particular objectives. sonal situation or needs. Based on independent research conducted by Snapcracker Research + Strategy in April 2019 amongst more than 500 parents of girls aged 6-17 and more than 300 each of girls aged 11-17 and boys aged 11-17 using an online survey methodology amongst a national sample. personal situation or needs. Based on independent re

Child Safety





PBTR - Child Protection and Safeguarding

The PBTR Child Protection and Safeguarding course is designed to help users: Recognise the Child Safe Standards and find relevant Child Protection Legislation; Identify your role in child protection and safeguarding and work through Completed The club has begun to require all adult volunteers, including Team Managers, to take the online Child Safety course "*Child Protection & Safeguarding.*"

It's free, insightful, and <u>available to anyone</u>.

Volunteers – We Want You!

The club has a few vital roles that need filling. In particular, we're currently seeking a *Complaints Officer* and/or *Child Safety Officer*, who can act as the first point of inquiry for families, directing questions or concerns to the appropriate place within the club.

Please get in touch with us if you'd like to take this up or any of our other <u>Open</u><u>Tasks!</u>

Sponsors

Know a business that wants to show off its community connections to hundreds of local families? Maybe they'd like to become a sponsor! Contact Max Barry at **kjnc.president@gmail.com**

Nelson Alexander

KJNC Committee & Operations



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| Registrar | Pilar Abou Haila |
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| Team Manager Co-ordinator | Rachel Thomson |
| Administrator | Cynthia Stacey |
| Player Development Co-ordinator | Naomi Smith |
| Uniforms Co-ordinator | Sue Williams |
| | |

Get involved! Club Task List